

**HUMBER OPEN SERIES 2019**

## Meeting 3

**Saturday 8th June, 2019 10:30**

KING GEORGE V STADIUM, WEELSBY RD. GRIMSBY. DN32 9RU

### Humberside Schools' Intermediate & Senior Track & Field Championships

Electronic Timing Under UKA RULES Permit OUT : 19 /160

This programme includes events for age groups U9 upwards (U9 School Years 2 & 3)

**Please read the times as "not before". Entries will determine our ability to keep to the timings stated**

10:30	Hurdles	110m J/SM	100m U17M J/SW	80m U15B U17W					
11:00	Hurdles	75m U15G U13B	70m U13G						
11:20	1500m	U15G	U15B	U17W	U17M	J/SW	J/SM		
11:35	80m	U9G	U9B	U11G	U11B				
12:00	100m	U13G	U13B	U15G	U15B	U17W	U17M	J/SW	J/SM
12:45	300m	U15G	U15B	U17W					
13:00	400m	U17M	J/SW	J/SM					
<b>Track Break</b>									
13:30	1500m S/C	U15B	U17W	J/SW	U17M	J/SM			
13:50	600m	U9G	U9B	U11G	U11B				
14:05	800m	U13G	U13B	U15G	U15B	U17G	U17B	J/SW	J/SM
14:30	150m	U9G	U9B	U11G	U11B				
14:50	200m	U13G	U13B	U15G	U15B	U17W	U17M	J/SW	J/SM
15:15	3000m	U17G	U17B	J/SW	J/SM				
15:30	300mH	U17W							
15:35	400mH	U17M	J/SW	J/SM					
15:45	4 x 100 Relay	All Ages							

10:30	High Jump Ht 1.48	Long Jump U9B	Long Jump U9G	Shot U17 J/SW	Discus U17 J/S M
11:15		Long Jump U11G	Long Jump U11B	Shot U13B	Discus U17 J/S W
12:00	High Jump Ht 1.28	Long J U17 J/SM			Cricket/Rounders Ball U11B then G
12:45		Long J U17 J/SW		Shot U17 J/SM	Javelin U13 B & G
13:30	High Jump U13 .92		Long Jump U13 G		Cricket/Rounders Ball U9B then G
14:15		Triple Jump U17J/S M&W 11m board followed by 9m & 7m boards	Long Jump U13 B	Shot U13 G	Javelin U17 J/S M
15:00	Pole Vault U15 G&B U17 J/S W&M				Javelin U17 J/S W

The Chief Official in the Track, Field, Timekeeping & Starting would be very pleased to welcome visiting officials & volunteers to their discipline. If interested, please complete the slip below & hand in at registration. You will be contacted to work with their teams during the meeting.

Name	Club	Discipline	Time Slot when available

**HUMBER MEETING ENTRY FEE IS £6.00 PER COMPETITOR PER NUMBER**

**ALL ENTRIES ARE TAKEN ON THE DAY Complete slip below and hand in at registration for your number.**

**NO ATHLETE IN THE U15 AGE GROUP AND BELOW MAY COMPETE IN MORE THAN ONE EVENT BETWEEN 600m and 3000m IN THE SAME DAY.**

Enquiries to [d.roberts936@btinternet.com](mailto:d.roberts936@btinternet.com)

No.	Name	Club	Age Grp	Date of Birth	SchYear	England Reg. No.