

HUMBER OPEN SERIES 2019

Meeting 2

Saturday 4th May, 2019 10:30

Costello Stadium, Anlaby Park Road North, Hull. HU4 6XQ

U15 Boys & Girls Pentathlon Competition & Humberside Schools' CE Trials

(U15 events may be entered individually; Non-Humberside athletes are welcome to complete in the pentathlon.)

Humberside Schools' athletes must register with Mrs L. Eldridge at the start of the meeting.

Under UKA RULES Permit: OUT 19 / 160

This programme includes events for each age groups U9 upwards (U9 School Years2 & 3)

Please read the times as "not before". Entries will determine our ability to keep to the timings stated

10:30	Hurdles	70m U13G	75m U13B U15G						
		80m U15B U17W	100m J/SW U17M	110m J/SM					
11:30	80m	U9G U9B	U11G U11B						
12:00	100m	U13G U13B	U15B U15G	U17M U17W	J/SM J/SW				
12:30	600m	U9G U9B							
	1000m	U11G U11B							
13:00	200m	J/SM J/SW	U17/M U15B	U17W/U15G	U13B U13G				
13:15	150m	U9G U9B	U11G U11B						
Track Break									
14:00	800m	U13G U13B							
14:15	10,000m	County Championship Event J/S M & W			Entries by 13:00 on the day or on County championship Entry Form				
/14:15	30mH Dev	U9 B&G U11 B&G no experience necessary							
15:00	3/400H	Appropriate Age Groups							
15:15	800m	U17W J/SW							
15:20	800m	U15B U15G							
15:30	1500m	U17M J/SM							

10:30		Long Jump U9 G	Long Jump U11 B	Vortex U11 G	Vortex U9 B
11:00		Long Jump U13 B	Long Jump U13G	Vortex U11 B	Vortex U9 G
11:30				Discus U17 J/S M	
12:00	High Jump U17 M & W	Shot U15B then U15G			
12:30			Long Jump J/S M&W		Shot U13B then G
13:00	High Jump U15 G		Long Jump U15B		
13:30		Long Jump U11 G	Long Jump U9 B	Javelin U17 J/S M	Shot U17 J/S W
14:00	High Jump U15 B		Long Jump U15 G	Javelin U17 J/S W	Shot U17 J/S M
	Pole Vault as soon as HJ finishes				

The Chief Official in Track, Field, Timekeeping & Starting would be very pleased to welcome visiting officials & volunteers to their discipline. If interested, please complete the slip below & hand in at registration.

You will be contacted to work with their teams during the meeting.

Name	Club	Discipline	Time Slot when available

HUMBER MEETING ENTRY FEE IS £6.00 PER COMPETITOR PER NUMBER

ALL ENTRIES ARE TAKEN ON THE DAY Complete slip below and hand in at registration for your number.

NO ATHLETE IN THE U15 AGE GROUP & BELOW MAY COMPETE IN MORE THAN ONE EVENT BETWEEN 600m & 3000m IN THE SAME DAY

Enquiries to d.roberts936@btinternet.com

No.	Name	Club	Age Grp	Date of Birth	SchYear	England Reg. No.

