



FEMALE &amp; MALE ROAD

Updated 14/07/2018

Colin Wright.

CLEETHORPES AC

**FEMALE CLUB RECORDS  
ROAD**

<b>5K Senior</b>			
Lisa MAWER	16.39	Covenham	1994
Natalie FARROW	17.25	Doncaster	2009
Beverley WILSON	17.54	Doncaster	2000
Jane COLEBROOK	17.56	Covenham	1996
Vanessa AISTHORPE	18.01	Covenham	1994
Natalie BARTLETT	18.34	Covenham	1995
Joanne DAY	18.54	Cleethorpes	1988
Tara ISLEY	19.02	Cleethorpes	1999
Jane KNIGHTS	19.09	Cleethorpes	1988
Rebecca STEPHENS	19.13	Covenham	1991
<b>5K Vet</b>			
<b>W35</b>			
Jane COLEBROOK	17.56	Covenham	1996
<b>W40</b>			
Beverley WILSON	18.41	Doncaster	2011
<b>W45</b>			
Beverley WILSON	18.34	Saxilby	2013
<b>W50</b>			
Beverley WILSON	19.47	Cleethorpes	2017
<b>W55</b>			
Hilary BURKITT	21.39	Gainsborough	2012
<b>W60</b>			
Linda TYLER	27.53	Cleethorpes	2014

<b>5 Mile Senior</b>			
Vanessa AISTHORPE	29.04	Cleethorpes	1994
Lisa MAWER	29.09	Cleethorpes	1991
Beverley WILSON	29.11	Stalinborough	2000
Natalie FARROW	29.35	Swinhope	2009

Jane KNIGHTS	30.35	Cleethorpes	1989
Pauline ATKINSON	31.23	Skegness	1986
Jackie WILSON	31.53	Hull	1980
Natalie BARTLETT	31.56	Stalinborough	1995
Sharon ELY	32.07	Cleethorpes	1986
Suzy WESTERMAN	32.20	Cleethorpes	1994
<b>5 Mile Vet</b>			
<b>W35</b>			
Vanessa AISTHORPE	29.24	Cleethorpes	1994
<b>W40</b>			
Beverley WILSON	31.03	Swinhope	2011
<b>W45</b>			
Beverley WILSON	30.57	Swinhope	2013
<b>W50</b>			
Beverley WILSON	33.44	Cleethorpes	2018
<b>W55</b>			
Hilary BURKITT	36.14	Cleethorpes	2012
<b>W60</b>			
Hilary BURKITT	37.17	Withernsea	2015

<b>10K Senior</b>			
Lisa MAWER	34.45	Cleethorpes	1992
Natalie FARROW	35.30	Rothwell (Yorkshire)	2009
Vanessa AISTHORPE	36.38	Cleethorpes	1994
Beverley WILSON	36.43	Grimsby	2000
Natalie BARTLETT	38.04	Cleethorpes	1995
Jane COLEBROOK	38.16	n/a	n/a
Jane KNIGHTS	39.14	n/a	n/a
Rebecca STEPHENS	39.24	n/a	n/a
Nichola FOX	39.32	Cleethorpes	1995
Sharon ELY	39.37	Cleethorpes	1988
<b>10K Vet</b>			
<b>W35</b>			
Vanessa AISTHORPE	36.38	Cleethorpes	1994
<b>W40</b>			
Beverley WILSON	38.11	Woodhall Spa	2011
<b>W45</b>			
Beverley WILSON	38.18	Lincoln	2013
<b>W50</b>			
Beverley WILSON	40.09	Woodhall Spa	2017
<b>W55</b>			
Hilary BURKITT	44.14	Burringham	2012
<b>W60</b>			

Hilary BURKITT	45.00	Lincoln	2015
<b>W65</b>			
Linda TYLER	73.52	Caistor	2018

<b>10 Mile Senior</b>			
Lisa MAWER	58.21	Hornsea	1992
Natalie FARROW	60.07	Hull	2009
Beverley WILSON	60.30	Winterton	2000
Vanessa AISTHORPE	61.19	Ferriby	1996
Jane COLEBROOK	61.58	Rothwell	1996
Natalie BARTLETT	62.27	Ferriby	1996
Pauline ATKINSON	65.56	Hull	1980
Leslie PARRY	66.15	Louth	1997
Jane KNIGHTS	67.37	Rothwell	1988
Elizabeth WOODS	68.15	Louth	1997
<b>10 Mile Vet</b>			
<b>W35</b>			
Vanessa AISTHORPE	61.19	Ferriby	1996
<b>W40</b>			
Beverley WILSON	63.30	Ferriby	2011
<b>W45</b>			
Beverley WILSON	64.43	Pocklington	2013
<b>W50</b>			
Beverley WILSON	68.14	Swallow	2017
<b>W55</b>			
Hilary BURKITT	73.25	Pocklington	2013
<b>W60</b>			
Hilary BURKITT	78.57	Ferriby	2015

<b>Half-Marathon Senior</b>			
Lisa MAWER	01:17.04	Grimsby	1992
Natalie FARROW	01:19.04	Sheffield	2009
Vanessa AISTHORPE	01:20.06	Grimsby	1992
Beverley WILSON	01:21.01	Humberston	2000
Jill OTTLEY	01:28.00	Scunthorpe	2016
Elizabeth WOODS	01:29.03	Grimsby	1993
Rebecca STEPHENS	01:29.04	Humberston	1991
Sharon ELY	01:30.04	Humberston	1987
Jenny CLARK	01:31.02	Bridlington	1983
Georgina JEWELL	01:34.06	Grimsby	1992
<b>Half-Marathon Vet</b>			

<b>W35</b>			
Vanessa AISTHORPE	01:21.00	Leeds	1993
<b>W40</b>			
Beverley WILSON	01:25.04	Bridlington	2011
<b>W45</b>			
Beverley WILSON	01:25.03	Bridlington	2012
<b>W50</b>			
Beverley WILSON	01:29.05	Cleethorpes	2017
<b>W55</b>			
Hilary BURKITT	01:39.02	Scunthorpe	2012
<b>W60</b>			
Linda TYLER	02:10.02	York	2015

<b>20 Mile Senior</b>			
Beverley WILSON	02:06.01	East Hull	n/a
Vanessa AISTHORPE	02:07.00	East Hull	1994
Elizabeth WOODS	02:27.00	East Hull	1991
Jane WHITE	02:32.03	East Hull	2012
Lisa FOSTER	02:32.04	East Hull	2012
Tina McKAY	02:35.00	East Hull	1995
Pirjo KIVELAINEN	02:38.05	East Hull	2010
Norma OTTON	02:44.01	East Hull	1996
Brenda VINSON	02:46.05	East Hull	1993
Jenny McSHERRY	02:54.00	East Hull	1994
<b>20 Mile Vet</b>			
<b>W35</b>			
Vanessa AISTHORPE	02:07.00	East Hull	1994
<b>W40</b>			
Elizabeth WOODS	02:27.00	East Hull	1991
<b>W45</b>			
Pirjo KIVELAINEN	02:38.05	East Hull	2010
<b>W50</b>			
Jane WHITE	02:32.03	East Hull	2012
<b>W60</b>			
Linda TYLER	03:33.03	East Hull	2015

<b>Marathon Senior</b>			
Vanessa AISTHORPE	02:55.04	London	1994
Beverley WILSON	02:55.04	London	2006
Jill OTTLEY	03:06.01	London	2016
Elizabeth WOODS	03:17.06	Humberside	1991
Lisa FOSTER	03:28.05	London	2012
Tina McKAY	03:31.01	London	1994

Jenny CLARK	03:31.06	Birmingham	1984
Pauline ATKINSON	03:33.06	London	1984
Jayne WHITE	3.36.48	London	2013
Sarah McFADZEAN	03:45.00	Humberston	2014
<b>Marathon Vet</b>			
<b>W35</b>			
Vanessa AISTHORPE	02:55.04	London	1994
<b>W40</b>			
Jill OTTLEY	03:06.01	London	2016
<b>W45</b>			
Jill OTTLEY	03:27.01	London	2018
<b>W50</b>			
Jayne WHITE	03:36.05	London	2013
<b>W55</b>			
Hilary BURKITT	03:56.03	London	2010
<b>W60</b>			
Linda TYLER	04:49.06	Paris	2015

## CLEETHORPES AC

**MALE CLUB RECORDS  
ROAD**

<b>5K Senior</b>			
Mick JAGGER	15.01	Covenham	1991
George ELY	15.34	Covenham	1987
Martin FORMSTONE	15.39	Cleethorpes	2009
Dave PHILLIPS	15.41	Covenham	1987
John HAINES	15.48	Cudworth	1986
Jon IRELAND	15.49	Covenham	1987
Zolton KREMMER	15.53	Cleethorpes	1996
Richard PARROTT	15.54	Cleethorpes	1988
David HOLMES	15.58	Grimsby	1986
Ian DEANS	15.59	Newcastle	1987
<b>5K Vet</b>			
<b>M40</b>			
David PHILLIPS	15.47	Covenham	1991
<b>M45</b>			
Alf WOODS	16.32	Cleethorpes	1988
<b>M50</b>			
Tony WESTON	16.53	Covenham	1995
<b>M55</b>			
Tony WESTON	18.02	Cleethorpes	1999

<b>M60</b>			
Derek MYERS	19.03	Cleethorpes	2003
<b>M65</b>			
Alf HARRIES	21.13	Covenham	1996
<b>M70</b>			
Alf HARRIES	25.43	Cleethorpes	2002
<b>M75</b>			
Dennis HOLT	44.58	Cleethorpes	n/a

<b>5 Mile Senior</b>			
Mick JAGGER	25.06	Cleethorpes	1988
Martin FORMSTONE	25.54	Cleethorpes	2009
Richard PARROTT	25.59	Cleethorpes	1988
Dave PHILLIPS	26.03	Cleethorpes	1989
Ian CHIDWICK	26.05	Stalinborough	1996
John HAINES	26.07	Cleethorpes	1987
George ELY	26.09	Cleethorpes	1989
Phil HINCH	26.14	Stalinborough	1996
Dave HOLMES	26.16	Cleethorpes	1987
Malcolm ISTED	26.24	Cleethorpes	1989
<b>5 Mile Vet</b>			
<b>M40</b>			
Tony WESTON	26.39	Cleethorpes	1989
<b>M45</b>			
Alf WOODS	27.03	Cleethorpes	1989
<b>M50</b>			
Tony WESTON	27.35	Stalinborough	1996
<b>M55</b>			
Tony WESTON	30.16	Cleethorpes	1999
<b>M60</b>			
Chris DAWKINS	32.40	Stalinborough	1998
<b>M65</b>			
Alf HARRIES	35.15	Cleethorpes	1996
<b>M70</b>			
Jimmy DUTCH	43.32	Cleethorpes	2015
<b>M80</b>			
Dennis HOLT	65.33	Cleethorpes	2007

<b>10K Senior</b>			
Mick JAGGER	31.01	Cleethorpes	1989
Phil HINCH	32.06	Cleethorpes	2000
George ELY	32.10	Cleethorpes	1987
Martin FORMSTONE	32.17	Cleethorpes	2010

Malcolm ISTED	32.23	Grimsby	1998
Jon IRELAND	32.27	Sheffield	1983
John HAINES	32.47	Covenham	1987
David SELLEN	32.48	Cleethorpes	1998
David PHILLIPS	32.49	Immingham	1984
Colin WRIGHT	33.04	Hull	1984
<b>10K Vet</b>			
<b>M40</b>			
David PHILLIPS	32.49	Immingham	1991
<b>M45</b>			
<b>M50</b>			
Tony WESTON	33.52	Winterton	1995
<b>M55</b>			
Chris DAWKINS	37.39	Immingham	1995
<b>M60</b>			
Chris DAWKINS	39.44	Grimsby	1998
<b>M65</b>			
Chris DAWKINS	45.10	Cleethorpes	2004
<b>M70</b>			
Alf HARRIES	52.42	Cleethorpes	2004
<b>M80</b>			
Dennis HOLT	82.40	Mablethorpe	2008

<b>10 Mile Senior</b>			
David PHILLIPS	53.05	Heckington	1982
Les BONNER	53.11	Heckington	1982
Dave HOLMES	54.13	Cleethorpes	1986
Martin FORMSTONE	54.32	Wistow	2010
George ELY	54.38	Cleethorpes	1986
John HAINES	54.39	Cleethorpes	1986
Zolton KREMMER	54.52	Louth	1997
Paul CLARK	54.53	Nene Valley	1999
Jon IRELAND	54.56	Cleethorpes	1983
Tony WESTON	55.11	Mablethorpe	1984
<b>10 Mile Vet</b>			
<b>M40</b>			
Paul CLARK	54.53	Nene Valley	1999
<b>M45</b>			
Tony WESTON	55.42	Ferriby	1995
<b>M50</b>			
<b>M55</b>			

Tony WESTON	59.56	Nene Valley	1999
<b>M60</b>			
Derek MYERS	65.21	Louth	2003
<b>M65</b>			
Alf HARRIES	73.29	Louth	1997
<b>M70</b>			
Alf HARRIES	84.29	Rothwell	2000
<b>M75</b>			
Dennis HOLT	99.32	Rothwell	2002

<b>Half-Marathon Senior</b>			
Martin FORMSTONE	01:11.01	Edinburgh	2010
Dave PHILLIPS	01:11.00	Lincoln	n/a
Tony WESTON	01:12.04	Lincoln	1985
John HAINES	01:12.05	Grimsby	1992
Derek MYERS	01:12.06	Humberston	1984
Paul CLARK	01:13.00	Woodhall Spa	1999
George ELY	01:13.01	Grimsby	1989
Dave HOLMES	01:13.03	Grimsby	1989
Zolton KREMMER	01:14.01	Humberston	1996
Brian WILLETTS	01:14.02	Grimsby	1988
<b>Half-Marathon Vet</b>			
<b>M40</b>			
Tony WESTON	01:12.04	Lincoln	1985
<b>M45</b>			
Tony WESTON	01:15.00	Humberston	1995
<b>M50</b>			
<b>M55</b>			
Gordon RILEY	01:23.05	Selby	2003
<b>M60</b>			
Chris DAWKINS	01:28.05	Humberston	1998
<b>M65</b>			
Dennis HOLT	01:41.04	Clowne	2004
<b>M70</b>			
Malcolm SIMONS	01:56.05	Worksop	2010

<b>20 Mile Senior</b>			
Martin FORMSTONE	01:50.01	East Hull	2009
Gary COULAM	01:56.02	East Hull	1993
Zolton KREMMER	01:56.04	East Hull	1997
John BARKER	01:57.05	East Hull	1997
Dave HOLMES	01:58.03	East Hull	1990



Tony WESTON	01:58.04	East Hull	1995
Rob HATFIELD	01:59.03	East Hull	1993
Dave PHILLIPS	02:01.06	East Hull	1995
Mervyn STORR	02:03.01	East Hull	1991
Alf WOODS	02:03.04	East Hull	1995
<b>20 Mile Vet</b>			
<b>M40</b>			
John BARKER	01:57.05	East Hull	1997
<b>M45</b>			
<b>M50</b>			
Tony WESTON	01:58.04	East Hull	1995
<b>M55</b>			
Charles WHEDDON	02:18.04	East Hull	1998
<b>M60</b>			
Alf HARRIES	02:34.05	East Hull	1998

<b>Marathon Senior</b>			
Martin FORMSTONE	02:29.05	Edinburgh	2009
John BARKER	02:36.04	London	1997
Les BONNER	02:37.00	Humberside	1981
John HAINES	02:38.00	London	1986
Alf WOODS	02:40.01	Humberside	1984
Tony WESTON	02:40.05	Humberside	1984
Paul LOUDON	02:41.01	Humberside	1986
Rob HATFIELD	02:42.00	London	1993
George ELY	02:44.04	London	1986
Derek MYERS	02:44.05	Humberside	1982
<b>Marathon Vet</b>			
<b>M40</b>			
John BARKER	02:36.04	London	1997
<b>M45</b>			
Alf WOODS	02:50.04	Gainsborough	1988
<b>M50</b>			
John BARKER	02:52.02	Berlin	2003
<b>M55</b>			
Phil JOHNSON	03:04.03	Anglesey	2008
<b>M60</b>			
Chris DAWKINS	03:20.02	London	1998
<b>M65</b>			
Alf HARRIES	03:41.05	London	1998
<b>M70</b>			
Dennis HOLT	05:06.05	London	n/a