

**HUMBERSIDE COUNTY ATHLETICS OPENS SERIES MEETING 2 2018 SEASON**  
**( UNDER UKA RULES PERMIT OUT 18/058 )**  
**At COSTELLO STADIUM, HULL HU4 6XG**  
**On SATURDAY 2<sup>nd</sup> JUNE 2018 at 10.30am. (Under UKA Rules)**

This meeting will take the form of Pentathlons, Quadrathlons & Triathlons and includes the County Championships 10,000m. Race. The 10,000m is scheduled to take place at 2.15pm. County Gold, Silver and Bronze Medals will be awarded to the winners. Entrants/competitors are not obliged to participate in the triathlon, quadrathlon, and pentathlon events and may select individual events. Entrants in individual events are limited under UKA rules as follows; age groups U9 – U17 maximum 3 events; U20 to 4 events and Seniors unlimited. Those completing the above combined events will be awarded the Gold, silver and Bronze medals for that competition. U9 means School years 2 and3; U11 means years 4 and 5.

This Meeting is a trial for those who wish to be considered for selection for the Humberside Schools' Combined Events Team. The Hurdles option should be taken by Schools' Combined Events trialists. Those interested should register with Mrs. L. Eldridge before the start of the Meeting.

Programmes;

<b>J/SEN.MEN. PENTATHLON</b>					
110mH or 100m	LJ	JT	DT	1500m	
<b>J/SEN.WOMEN PENTATHLON</b>					
100mH or 100m	LJ	JT	SP	800m	
<b>U17M PENTATHLON</b>					
100mH or 100m	HJ	JT	DT	1500m	
<b>U17W PENTATHLON</b>					
80mH or 100m	HJ	JT	SP	800m	
<b>U15 BOYS PENTATHLON</b>					
80m H or 100m	HJ	LJ	SP	800m	
<b>U15 GIRLS PENTATHLON</b>					
75mH or 100m	HJ	LJ	SP	800m	
<b>U13 BOYS &amp; U13 GIRLS QUADRATHLON</b>					
100m	SP		LJ	800m	
<b>U11 BOYS &amp; U11 GIRLS TRIATHLON</b>					
80m OR 600m	LJ	VORTEX			
<b>U9 BOYS &amp; U9 GIRLS</b>					
70m OR 600m	LJ	VORTEX			

Additional Events are; 3/400m Hurdles for appropriate age groups. 150m for U9 & U11: 200m. for U17/J/S M & W. The Hurdles Option should be taken by Schools combined events trialists. Schools' Pentathlon athletes will not be able to contest the 200m. **Meeting entry fee is £5.00 per number per competitor. ALL ENTRIES ARE TAKEN ON THE DAY.** Enquiries to [d.roberts936@btinternet.com](mailto:d.roberts936@btinternet.com) or tel. 01472 693270. Please Complete slip below and hand in at registration for your number.

Cut and retain programme-----

No.	Name	Club	Age Grp	Date of Birth	School Year	England Reg. No.