

HUMBER LEAGUE OPENS SERIES MEETING 1

On SATURDAY 7TH APRIL 2018

At the KING GEORGE Vth STADIUM, WEELSBY RD. GRIMSBY DN32 9RU

AT 10.30 am. Under UKA RULES. Permit; OUT 18/058

This programme includes events for age groups from U9 upwards. U9 means School Years 2 & 3.

TRACK EVENTS

TIME	EVENT	AGE GROUPS
11.00am.	3000m	U15G U15B U17/J/SM U17/J/SM
	70m Hurdles	U13 Girls 75m Hurdles U13 Boys 75m Hurdles U15 Girls
	80 Hurdles	U15 Boys 80m Hurdles U17 Women
	100m Hurdles	U17 Men 100m Hurdles SW 110m Hurdles Sen. Men
	100m	U13G U13B U15G U15B U17/J/SW U17/J/S/M
	80m	U9G U9B U11G U11B
	300m	U15G U15B U17W
	400m	U17/J/SM U17/J/SW (U17W option)
	600m	U9G U9B U11G U11B
	800m	U13G U13B U15G U15B U17/J/SW U17/J/SM
	150m	U9G U9B U11G U11B
	200m	U13G U13B U15G U15B U17/J/SW U17/J/SM
	1200m	U13G U13B
	1500m	U15 Age groups upwards
	5 x 80m Relay	U9 Mix & Match – circular track
	4 x 100m Relay	U11 U13 U15 U17/J/S – Mix & Match

FIELD EVENTS

(The Field events order is a guide. The Field Referee may decide to change this as necessary)

10.30am.	Hammer Throw	All permitted age groups
	Triple Jump	U15 B U15G
	High Jump	All B&G M&W 3 groups: Start Heights 1.45 1.25 90
	High Jump	Start Height 1.45
	Shot Putt	U13G U13B
11.30	Long Jump	U9B upwards U9G
	Javelin	All Female
	Shot Putt	U15B
	CB/RB	U11B + U11G
12.30	High Jump	Start Height 1.25
	Long Jump	U17 / J/S Men & Women
	Shot Putt	U15G
	Long Jump	U11B U11G
13.30	Javelin	All Male
	Long Jump	U13 G U13 B
14.30	CB/RB	U9B U9G
	Shot Putt	U17 /J/S Men & Women
	Long Jump	U15B U15G
	High Jump	Start Height 90

HUMBER MEETING ENTRY FEE IS £5.00 PER COMPETITOR PER NUMBER. ALL ENTRIES ARE TAKEN ON THE DAY Complete slip below and hand in at registration for your number.

NO ATHLETE IN THE U15 AGE GROUP AND BELOW MAY COMPETE IN MORE THAN ONE EVENT BETWEEN 600m and 3000m IN THE SAME DAY. Maximum number of events permitted for Age Groups U9 – U17 is 3 events plus a relay; U20 is 4 plus a relay; Seniors unlimited. Enquiries to d.roberts936@btinternet.com Or tel. 01472 693270.

No.	Name	Club	Age Grp	Date of Birth	School Year	England Reg. No.